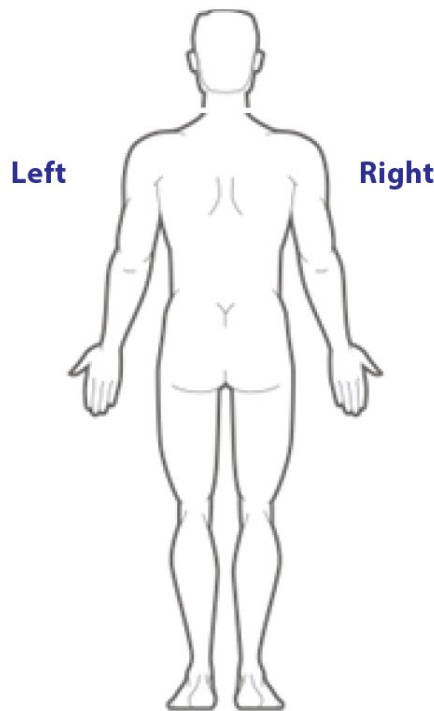# Pelvic Equilibrium Theory Assessment Form

Patient Name: _____

Height (cm): _____ **Date:** _____

Weight (kg): _____ **Age:** _____

Right Heel Lift (%): _____ **DOB:** _____

Left Heel Lift (%): _____ **B.M.I:** _____

Shoe Size: _____

P.A View

Left   **Right**

Leg Length (cm)

Right:

Left:

Left Innominate Inclination on Arrival

=

P.I ilium ☐   A.S ilium ☐

Right Innominate Inclination on Arrival

=

P.I ilium ☐   A.S ilium ☐

Pelvic Torsion =

Static Functional Trial (using 8mm EVA board)	Under Right Foot	Left =	Right =	Therefore Pelvic Torsion =
	Under Left Foot	Left =	Right =	Therefore Pelvic Torsion =
Dynamic Functional Trial (using 8mm in shoe raise) ie: 8mm at heel, 3mm at forefoot	In Right Shoe	Left =	Right =	Therefore Pelvic Torsion =
	In Left Shoe	Left =	Right =	Therefore Pelvic Torsion =

What is the Innominate Range from all 5 pairs of numbers collected?	Left =	Right =

To establish the Pelvic adaptation present follow these instructions using 8°- 10°+ve as normative values:

Have you recorded any inclination > 10°+ve in the shaded areas? If so how many degrees greater =

Have you recorded any inclination < 8°+ve in the shaped areas? If so how many degrees less =

The Pelvic Adaptation therefore =

← **P.I Ilium (Posterior inferior)** → | **Normal Range** | ← **A.S Ilium (Anterior superior)** →

-10 -9 -8 -7 -6 -5 -4 -3 -2 -1 0 1 2 3 4 5 6 7 | **8 9 10** | 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30